# Anesthetic Management of a 13-Year-Old Adolescent With Mucolipidosis Type II for Total Hip Arthroplasty

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#### Abstract

Mucolipidosis II (ML II) or inclusion cell disease is a rare lysosomal storage disorder, inherited as an autosomal recessive trait. Deficiency of the lysosomal transport enzyme, N-acetylglucosamine-1-phosphotransferease, results in the intracellular accumulation of macromolecules (mucopolysaccharides and mucolipids) in the lysosome which leads to cellular dysfunction and a multi-system disorder. Manifestations are present at birth including muscle hypotonia, a weak cry, and failure to thrive. Additional physical signs include hip dislocation, inguinal hernia, hepatomegaly, limitation of joint movement, and cutaneous changes. Coarse facial features and skeletal abnormalities become more conspicuous with time. A rapidly progressive psychomotor deterioration, developmental delay and growth failure are often noted with a limited life span of 10 years. Due to the aforementioned physical abnormalities, surgical and anesthetic care may be required. We present a 13-year-old girl with ML II who required anesthetic care for a total hip arthroplasty due to chronic right hip dislocation. Previous reports of anesthetic care for these patients are reviewed, end-organ involvement is discussed, and options for anesthetic care are presented.

Keywords: Hip dislocation; Mucolipidosis II; I-cell disease

### Introduction

Mucolipidosis II (ML II) or inclusion cell disease is a rare, progressively debilitating, and fatal lysosomal storage disorder, which was first described by Leroy and DeMars in 1967 [1]. The exact prevalence of ML II is unknown with an estimated incidence of 1 in 100,000 - 400,000 individuals worldwide.

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Due to its rarity, clinical history and management considerations for these children have not been established [2, 3]. Patients have a limited life expectancy of less than 10 years in most cases with death secondary to cardiopulmonary complications including recurrent upper respiratory tract infections, bronchopneumonia, and heart failure [4, 5].

ML II is an autosomal recessive metabolic storage disorder, resulting from a deficiency of the lysosomal transport enzyme, N-acetylglucosamine-1-phosphotransferease, which is one of the two enzymes required for the biosynthesis of the mannose 6-phosphate (M6P) recognition marker [2]. M6P is a common marker which facilitates the transport of enzymes into the lysosomal compartment of all cells. Without this marker, lysosomal endocytosis is impaired secondary to an improper intracellular trafficking signal. This results in the diversion of lysosomal enzymes into the extra-cellular space, thereby causing an elevation of lysosomal enzymes in plasma [6, 7]. The lack of lysosomal enzymes results in the accumulation of macromolecules (mucopolysaccharides and mucolipids) in the lysosome resulting in an abnormal architecture including coarse cytoplasmic granular inclusions in cultured skin fibroblasts giving rise to the name, inclusion cell or "I-cell" disease [8].

Although initially there were four types of ML (I, II, III and IV), the biochemical causes of ML II and III were further identified as different from the other lysosomal storage diseases, the mucopolysaccharidoses (MPS) such as Hurler's and Hunter's disease. In the latter, there is only one lysosomal enzyme that is deficient in each disease because of a mutation in the responsible gene. Alpha-L-iduronidase is deficient in MPS I while in ML II and III, alpha-L-iduronidase is one of the many enzymes lacking in lysosomes as the defect lies in the targeting signal which results in the transport of several different enzymes into the lysosome. This explains why I-cell disease has some of the same clinical features as MPS I as well as other clinical manifestations. We present a 13-year-old adolescent with ML II who required anesthetic care for a total hip arthroplasty due to chronic right hip dislocation. Previous reports of anesthetic care for these patients are reviewed, the end-organ involvement is discussed, and options for anesthetic care are presented.

### **Case Report**

Institutional Review Board approval is not required at Nation-

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wide Children's Hospital (Columbus, OH) for publication of one case report. The patient was a 13-year-old, 22.4 kg girl with ML type II. She presented for total hip arthroplasty due to chronic right hip dislocation. Her past medical history included aortic and mitral regurgitation, cardiomegaly, developmental delay, congenital hip dysplasia, kyphoscoliosis, gastroesophageal reflux, and reactive airway disease. Her past surgical history included umbilical hernia repair, adenotonsillectomy, and multiple previous orthopedic procedures. She had a known allergy to morphine and has previously reacted in the form of hives. Her long-term outpatient medication included diazepam 2 mg PO QID, methadone 5 mg PO TID, oxycodone 5 mg PO TID, magnesium 250 mg PO OD, docusate sodium 50 mg PO OD, aspirin 81 mg PO OD and duloxetine 20 mg PO OD. Preoperative laboratory evaluations including electrolytes and renal function, coagulation function, blood glucose, and hepatic function were normal. On physical examination, craniofacial structures were asymmetric with a small mouth and a limited thyromental distance (less than three finger breaths). A recent echocardiogram showed mild aortic regurgitation, moderate mitral regurgitation, and mild mitral valve prolapse. Overall myocardial function was normal. She was held *nil per os* for 8 h for solids and 3 h for liquids prior to surgery and was transported to the operating room where routine American Society of Anesthesiologists' monitors were applied. A pre-existing peripheral intravenous catheter was in place. Anesthesia was included with midazolam (0.1 mg/kg), fentanyl (1 µg/kg), and propofol (3 mg/ kg). Bag-valve-mask ventilation was non-problematic and a 2.5 laryngeal mask airway (LMA) was placed atraumatically. Anesthesia was maintained with sevoflurane in air/oxygen. Skeletal muscle relaxation was achieved with a single dose of rocuronium (0.5 mg/kg) to aid the closed reduction maneuver. The reduction was confirmed on intraoperative fluoroscopy. Following the completion of the procedure, sugammadex (2 mg/kg) was administered to reverse neuromuscular blockade. Following emergence from anesthesia, the LMA was removed and the patient was transported to post-anesthesia care unit in stable condition. The remainder of the postoperative course was uneventful.

### Discussion

ML II is a rare lysosomal storage disorder, inherited as an autosomal recessive trait. Severe developmental delay and failure to thrive are the most common presenting symptoms [2, 9]. At birth, these patients are typically underweight with generalized hypotonia and a weak cry. Failure to thrive is common with growth arrest during the second year of life. Infants develop distinctive facies with coarse facial features including a high, narrow forehead, puffy eyelids, epicanthal folds, flat nasal bridge, anteverted nares, long philtrum, prominent gingival hyperplasia and macroglossia. As the disorder results in the absence of normal lysosomal enzymes, it shares many clinical features with the MPS including cardiac, pulmonary, and airway involvement. Additional clinical manifestations include mental and physical retardation with typical orofacial

feature. The lower part of the face usually has a "fishlike" profile due to enlargement of the gingivae and alveolar process. Progressive gingival hypertrophy gives rise to an open bite. A hoarse voice is noted due to infiltration of the glottis structures and stiffening of vocal cords. Hearing loss can result due to recurrent ear infections and infiltration of middle ear structures. Musculoskeletal features include contractures affecting mobility, kyphosis, short hands, unusually shaped long bones and dislocated hips. Other features include umbilical and/or inguinal hernia, hepatomegaly, heart valve anomalies including aortic and mitral insufficiency, and corneal opacities [10, 11]. A constellation of radiographic abnormalities which consists of abnormally shaped vertebrae and ribs, enlarged skull, spatulate ribs, hypoplastic epiphyses, thickened diaphyses and bullet-shaped metacarpals, known as dysostosis multiplex is exhibited in ML II patients [10, 11].

In addition to the phenotypic manifestations, confirmatory diagnostic tests include marked elevations of lysosomal enzymes in the plasma with the presence of large lysosomal inclusions in peripheral lymphocytes [2, 7]. The only therapeutic approach currently available for ML II is bone marrow transplantation which supplies a source of structurally normal lysosomal enzymes [12].

Major perioperative concerns include involvement of the airway, respiratory and cardiovascular systems. As with the more common MPS, airway management and endotracheal intubation may be problematic in patients with ML II. Airway involvement includes infiltration and distortion of upper and lower airway structures, abnormal physical features (microstomia, micrognathia, macroglossia, and malocclusion), and limited mouth opening. These issues may be further magnified by musculoskeletal malformations with limited neck movement. Mucopolysaccharide deposits in the supraglottis and anterolateral displacement of the larynx have led to difficulty with mask ventilation and other attempts at direct laryngoscopy, flexible endoscopy, and indirect laryngoscopy including indirect video laryngoscopy using the Glidescope<sup>®</sup> [13-16]. A previous study which looked at the practical challenges faced in securing airways revealed that the ML II group of children required an average of 3.6 attempts to achieve endotracheal intubation compared to 1.2 in the control group [13, 17]. The appropriate equipment for dealing with the difficult airway should be readily available prior to anesthetic induction [18]. If difficulties are predicted based on the airway examination, general anesthesia can be induced by the inhalation of sevoflurane in 100% oxygen with the maintenance of spontaneous ventilation or as was done in our case, effective bag-valvemask ventilation demonstrated prior to the administration of a neuromuscular blocking agent. Infiltration of lower airway structures has been reported including tracheal narrowing and vocal cord involvement suggesting that attention should be direct toward ensuring that an appropriate leak is present prior to inflation of the cuff of the endotracheal tube [19]. Given the surgical procedure involved, we choose to use an LMA to manage the airway and avoid the need for endotracheal intubation.

Various respiratory manifestations have been noted in patients with ML II including prolonged or recurrent respiratory infections, which are common due to infiltration of the proxi-

Authors and reference	Patient demographics	Intraoperative management	Postoperative management
Mahfouz and George [14]	A 5-year-old girl for gingivectomy and dental extractions	For gingivectomy and a jaw thrust maneuver. Bag-valve-mask ventilation was difficult.A #2 LMA was placed which successfully maintained the airway.	
Bains et al [15]	Three siblings with multiple anesthetic procedures	At 9 years of age, the eldest sibling underwent GA for removal of grommets. Bag-valve-mask ventilation was difficult despite a range of oropharyngeal airways. An LMA failed to provide a completely effective airway. A range of straight and curved laryngoscope blades revealed only the posterior aspect of the airway and no glottis structures were identified with the Belscope <sup>®</sup> blade and prism. The grommets were removed under face mask anesthesia with a semi-obstructed airway. The middle child underwent repair of an umbilical hernia at 8 years of age. The airway was easy to maintain with bag-valve-mask and oropharyngeal airway. A large epiglottis was seen with direct laryngoscopy using a straight laryngoscope blade and a 4.0 mm ID ETT tracheal tube was passed under the epiglottis into the trachea. The youngest child also underwent removal of grommets. His airway was easy to maintain with bag-valve-mask and an oropharyngeal airway followed by an LMA. Laryngoscopy was attempted with a range of straight and curved laryngoscopy blades, but only the epiglottis could be seen. The larynx was seen with the Belscope <sup>®</sup> blade with prism.	Postoperative outcomes were uneventful. Two of the three children demonstrated increasing difficulty with airway management as they grew older.

Table 1.	Reports of	Anesthetic	Care for	Patients	With ML II
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ID: internal diameter; GA: general anesthesia; LMA: laryngeal mask airway; ETT: endotracheal tube.

mal and distal airway. In addition to the issues related to the airway, the baseline respiratory status of these children may be compromised due to skeletal muscle hypotonia, a narrowed thoracic cage, and recurrent chest infections. This involvement results in primarily a restrictive pattern on pulmonary function testing [20]. Prolonged surgical procedures may require postoperative respiratory support. These patients may also require chronic management of respiratory compromise with techniques such as continuous positive pressure or tracheotomy with ventilator support from an early age [4]. Given the potential effects of the residual effects of anesthetic agents on upper airway and respiratory function, short acting anesthetic agents may be optimal and effective reversal of neuromuscular blockade is mandatory prior to tracheal extubation. In our patient, a brief period of neuromuscular blockade was required for closed hip reduction. To ensure adequate reversal and full return of baseline muscular strength, sugammadex was used to reverse the effects of rocuronium [21].

Given the potential for associated heart disease, as was noted in our patient, preoperative echocardiography is suggested to evaluate the anatomy as well as valvular and myocardial function. As these patients age, progressive myocardial involvement may lead to valvular insufficiency, aortic room dilatation and impairment of myocardial function [22]. A single case report also reports the association of an abnormal coronary artery in a patient with ML II [23].

Another consideration for ML II patients is the presence of gastroesophageal reflux disease (GERD). In symptomatic patients, the preoperative administration of metoclopramide and an  $H_2$ -antagonist should be considered. The risk-benefit ratio of aspiration versus difficulties with airway management must be considered when deciding upon the optimal technique for airway management. At the conclusion of the surgical procedure, tracheal extubation should occur only when airway protective reflexes are present. Our patient did not receive any preprocedure medications for GERD as she was asymptomatic.

To date, there are only two previous reports of anesthetic care in patients with ML II (Table 1 [14, 15]). When considering the perioperative challenges of such patients, many issues parallel those of patients with MPS including airway, respiratory and cardiac involvement. Skeletal and airway involvement may lead to problems with bag-valve-mask ventilation, LMA placement, and endotracheal intubation using both direct and indirect laryngoscopy. Involvement of the lower respiratory tract predisposes these patients to restrictive lung disease, recurrent respiratory infections, and the potential for perioperative respiratory insufficiency or failure. Prolonged procedures may require postoperative ventilator support. Preoperative echocardiography is suggested to evaluate myocardial and valvular function.

## **Conflicts of Interest**

None.

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