

Penicillin-Resistant Streptococcus Pneumoniae Meningitis With Subsequent Vertebral Osteomyelitis and Choledocholithiasis

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Abstract

Penicillin-resistant Streptococcus pneumoniae (PRSP) meningitis is life threatening disease, and prevention and treatment of complication is important. We recently encountered two PRSP meningitis patients with undescribed complications: vertebral osteomyelitis and choledocholithiasis. Patient 1 was a 65-year-old man who presented with PRSP meningitis, disseminated intravascular coagulation (DIC), infective endocarditis, vertebral osteomyelitis, and choledocholithiasis with gallstones. Patient 2 was a 57-year-old man who presented with PRSP meningitis, DIC, acute renal failure, liver dysfunction, vertebral osteomyelitis, and choledocholithiasis with gallstones. Diffusion-weighted brain MRI of both patients revealed high-intensity areas in the posterior horns of the lateral ventricles consistent with ventriculitis. Spinal MRI revealed low-intensity on T1-weighted images and high-intensity on T2-weighted images of the lumbar vertebral bodies and intervertebral disks, consistent with vertebral osteomyelitis. Technetium-99m bone scans revealed accumulation in the lumbar vertebrae. Computed tomography (CT) scans on admission revealed no gallstones, whereas CT scans after abdominal pain or liver dysfunction revealed choledocholithiasis and gallstones. Vertebral osteomyelitis and choledocholithiasis should be noted as possible complications of PRSP meningitis.

Keywords: Penicillin-resistant *Streptococcus pneumoniae*; Meningitis; Vertebral osteomyelitis; Choledocholithiasis; Gallstones

Introduction

Bacterial meningitis is a serious and life-threatening disease,

Manuscript accepted for publication October 31, 2013

doi: http://dx.doi.org/10.14740/jmc1598e

with an overall mortality rate of 21% [1]. The most common pathogen of community-acquired acute bacterial meningitis is *Streptococcus pneumoniae* (51% of episodes), which has a mortality rate of 30% [1]. The epidemiology of bacterial meningitis has recently changed [1].

Vertebral osteomyelitis has been in most patients a secondary complication of a distant infection with haematogenous seeding, and it may be complicated by direct seeding in different compartments, resulting in paravertebral, epidural, or psoas abscess [2-4]. Magnetic resonance imaging (MRI) is highly accurate (90%) in diagnosing spinal osteomyelitis [3]. Technetium-99m bone scans are typically positive within a few days after the onset of symptoms, though their reported accuracy in detecting vertebral osteomyelitis is 67% [3]. Vertebral osteomyelitis is a rare complication of bacterial meningitis [5]. Previous authors have reported some patients with bacterial meningitis and vertebral osteomyelitis [2, 5-10].

We recently encountered two PRSP meningitis patients with vertebral osteomyelitis and choledocholithiasis. Herein we report two patients of PRSP meningitis with undescribed complications: vertebral osteomyelitis and choledocholithiasis.

Case Report

This study is equivalent to be approved by an appropriate institutional committee on human research (the ethics committee of Tokyo Metropolitan Ohtsuka Hospital).

Case 1

A 65-year-old man admitted to the hospital because of headache, vomiting, and fever.

The patient had been well until 2 days before admission, when he experienced low back pain after working with heavy objects. Fever increased to 38 °C. At night, he complained of headache 15 minutes after he began to vomit.

He worked as an executive, very hard without holidays. He always slept approximately 5 hours.

On examination, he was disoriented and was able to lo-

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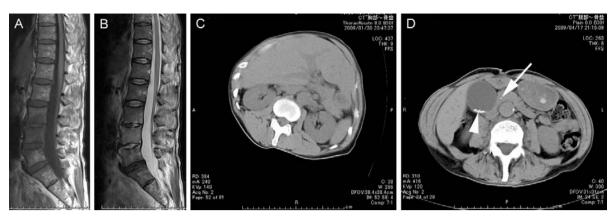


Figure 1. Magnetic resonance imaging (MRI) of lumbar vertebrae and abdominal CT scan in patient 1. Vertebral osteomyelitis and choledocholithiasis with gall stones. A: T1-weighted image (FA 150 TR 600 TE 12) of the lumbar vertebrae shows regions of low intensity in the L4 vertebral body and L3-4 and L4-5 intervertebral discs. B: Fat-suppression T2-weighted image (FA 150 TR 4000 TE 96) of the lumbar vertebrae shows regions of high intensity in the L3, L4, and L5 vertebral bodies and L3-4, L4-5 intervertebral discs. C: No gallstones or choledocholithiasis on admission. D: A stone in the lower portion of the common bile duct (arrow) and small stones in the gall bladder (arrowhead) on the 77th hospital day.

calize painful stimuli on his extremities. Seizures of his right arm were sometimes observed. Deep tendon reflexes were decreased and Achilles tendon reflexes were absent. The patient exhibited bilateral Babinski signs. The patient exhibited nuchal rigidity without Kernig sign. The remainder of the examination was normal.

The cerebrospinal fluid (CSF) exhibited pleocytosis, with cells = 557.3 per milliliter, mononuclear cells: polymorphonuclear cells = 30.6:69.4, protein 378 mg/dL, glucose 0 mg/dL. Laboratory examination yielded the following findings: WBC 19,400/ μ L (neutrophils 94.3%, band forms 12.5%), platelets 81,000/ μ L, FDP 90 μ g/mL D-dimer 15.4 μ g/mL, albumin 2.3 g/dL, ALP 921 U/L, γ GTP 124 U/L, CRP 29.52 mg/dL. CSF and blood gram staining revealed Gram-positive cocci and cultures grew penicillin-resistant

Streptococcus pneumoniae (PRSP). Results of other laboratory tests were normal. An electroencephalogram revealed β -activity with δ waves and spikes. Diffusion-weighted MRI of the brain revealed high intensity in posterior horns of the lateral ventricles consistent with ventriculitis.

Cefotaxime 2 g 4 times/day and meropenem 2 g 3 times/day were initiated. Dexamethasone 8 mg 3 times/day for 3 days, gabexate mesylate 2,000 mg/day, Phenytoin 500 mg/day, and Glycerol 400 mL/day were administered. These treatments improved the bacterial meningitis. On the third hospital day, a grade 3 high-pitched systolic murmur was heard at the apex. On the fourth hospital day, he complained of low back pain. On the 10th hospital day, echocardiography revealed vegetation on the mitral valve, and infective endocarditis was diagnosed. On the 18th hospital day, fever

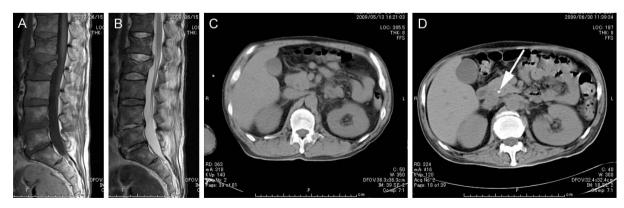


Figure 2. MRI of lumbar vertebrae and abdominal CT scan in patient 2. Vertebral osteomyelitis and choledocholithiasis with gall stones. A: T1-weighted image (FA 150 TR 600 TE 12) shows regions of low intensity in the L4 and L5 vertebral bodies and L4-5 intervertebral disc. B: T2-weighted image (FA 150 TR 4000 TE 96) shows regions of high intensity in the L4 and L5 vertebral bodies and L4-5 intervertebral disc. C: No gallstones or choledocholithiasis on admission. D: A stone in the lower portion of the common bile duct (arrow) on the 50th hospital day.

Table 1. Characteristics of Patients With Meningitis and Vertebral Osteomyelitis

Author	Age/ sex	Bacteria	Gall stone	Choledocholithiasis	Characteristics
Markus et al Case 1 [6] Case 2	60/M 46/F	SA SA	N/A (-)	N/A (-)	A psoas abscess
Chemlal et al [2]	52/M	PRSP	(-)	(-)	
Turner et al patient 8 [10]	79/F	PSSP	N/A	N/A	Endocarditis
Poyanli et al [8]	51/F	PSSP	(-)	(-)	Psoas abscesses
Brouwer et al Case 1 [5] Case 2	51/M 39/F	PSSP PSSP	N/A N/A	N/A N/A	
Fukushima et al [6]	62/M	Group B S	N/A	N/A	Epidural abscess
Tsutsumi et al [9]	62/M	Group B S	(-)	(-)	Rectal ulcer Paraspinal muscle abscess
Patient 1	65/M	PRSP	(+)	(+)	Endocarditis
Patient 2	57/M	PRSP	(+)	(+)	

SA: Staphylococcus aureus; N/A: not available; PRSP: penicillin resistant Streptococcus pneumoniae; PSSP: penicillin sensitive Streptococcus pneumoniae; S: Streptococcus

gradually rose to 38 °C. Gentamicin 65 mg 3 times/day and vancomycin 0.9 g twice/day were initiated. Spinal MRI in patient 1 revealed low intensity areas on T1-weighted images and high intensity areas on T2-weighted images of the L4 vertebral body and low intensity areas on T1 -weighted images of the L3/4 and L4/5 intervertebral disc spaces (Fig. 1A, B). Technetium-99m bone scans in patient 1 showed accumulations in L4 and L5. The patient's low back pain was improved. Ceftriaxone 2 g/day was added on the 40th hospital day because of exacerbated infective endocarditis. On the 65th hospital day, the patient complained of abdominal pain. Sulbactam/cefoperazone 2 g/day was administered and the abdominal pain improved. CT scan on admission in patient 1 revealed no gallstones (Fig. 1C), while after abdominal pain it revealed choledocholithiasis and gallstones (Fig. 1D).

Case 2

A 57-year-old man admitted to the hospital because of head-

The patient had been well until 2 days before admission, when he complained of chills and fever. Five days before admission, he had gone on a trip for his work without sleep. Three days before admission, he returned to Tokyo and worked, and returned home at midnight. He had watery diar-

rhea at that time. One day before admission, he vomited and had a fever of 40.5 °C. The day of admission, he complained of severe headache and loss of appetite and vomited.

He drank half a bottle of *shouchu* (Japanese spirits) per day. He was a 57-year-old singer who worked night and slept from 5:00 A.M. to 4:00 P.M. daily.

On examination, the patient was already sedated and disturbance of consciousness was unable to be accurately evaluated. Partial seizures within a minute duration were sometimes observed. Deep tendon reflexes were decreased in the upper extremities. The patient exhibited nuchal rigidity with a questionable Kernig sign. The remainder of the examination was normal.

The CSF exhibited pleocytosis: cells = 116.7 per milliliter, all cells were polymorphonuclear cells, protein 284 mg/dL, glucose 4 mg/dL. Laboratory examination yielded the following findings: WBC 10,000/ μ L (myelocytes 1.0%, metamyelocytes 4.0%, band forms 38.0%, neutrophils 43.0%), platelets 117,000/ μ L, FDP 90.0 μ g/mL, D-dimer 70.0 μ g/mL, BUN 38.8 mg/dL, creatinine 2.7 mg/dL, K 3.0 mEq/L, AST 236 U/L, ALT 110 U/L, LDH 512 U/L, γ GTP 146 U/L, blood glucose 195 mg/dL, CRP 62.56 mg/dL. Results of CSF Gram staining were suggestive of pneumococci, and cultures grew PRSP. Results of other laboratory tests were normal. Results of urinalysis included 3+ occult

blood, 3+ protein, RBC 20-29/HPF (high power field), and white cell casts 20-29/F. Electroencephalogram revealed β activity and some spikes. Findings of brain MRI suggested ventriculitis.

Meropenem 2 g 3 times/day and Dexamethasone 8 mg 4 times /day for 3 days were initiated. Oliguria and DIC were observed (platelets were 57,000/µL on the second hospital day). Fluid, low-dose dopamine, heparin, and gabexate mesylate were injected. From the ninth hospital day, he exhibited rash. He was diagnosed with erythema multiforme, which was suspected to be drug-induced. Meropenem was discontinued on the 10th hospital day and vancomycin 0.5g 4 times/day, ceftriaxone 2 g twice/day, and micafungin 100 mg/day were administered. CSF findings were normalized and antibiotics were discontinued on the 31st hospital day and liver dysfunction was improved. However, he exhibited fever and low back pain. Ceftriaxone 2 g once/day was injected on the 34th hospital day. Spinal MRI in patient 2 revealed low intensity areas on T1-weighted images and high intensity areas on T2-weighted images of the L4 and L5 vertebral bodies and L4/5 intervertebral disc space (Fig. 2A, B). Technetium-99m bone scans in both patient 2 showed accumulations in L4 and L5.

On the 62nd hospital day, he suddenly exhibited liver dysfunction. CT scan on admission in patient 2 revealed no gallstones (Fig. 2C), while after liver dysfunction it revealed choledocholithiasis and gallstones (Fig. 2 D).

Discussion

The characteristics of these patients include the following: patient 1 was a 65-year-old executive who worked hard without holidays and slept very little. He showed PRSP meningitis, DIC, infective endocarditis, vertebral osteomyelitis and choledocholithiasis with gallstones. Patient 2 was a 57-year-old singer who worked night and slept from 5:00 A.M. to 4:00 P.M. daily. He was a heavy drinker, and traveled and worked without sleep before the onset of meningitis. He showed PRSP meningitis, DIC, acute renal failure, liver dysfunction, vertebral osteomyelitis, and choledocholithiasis with gallstones. Similarities in background included hard work at night and little sleep before onset. Fatigue and stress predisposed Pneumococcal infection.

We think of vertebral osteomyelitis as a complication of PRSP meningitis. Consequently, PRSP meningitis can complicate vertebral osteomyelitis according to the findings of the present case report. Previous authors reported patients of vertebral osteomyelitis complicating pneumococcal meningitis (Table 1) [2, 3, 5, 9, 10]. Hematogenous seeding from the CSF space to lumbar vertebrae may cause vertebral osteomyelitis. We think of vertebral osteomyelitis as a possible complication of bacterial meningitis, especially that due to PRSP.

The question arises whether the choledocholithiasis in these two patients was a complication of vertebral osteomyelitis or PRSP meningitis. There is no evidence for this, and there has been no similar case report. The gallstones were very small, and were not present at disease onset. Therefore, these gall stones were formed after disease onset. There may be an association between choledocholithiasis and PRSP meningitis with vertebral osteomyelitis. Increase in local blood calcium concentration by vertebral osteomyelitis may result in formation of gallstones and choledocholithiasis. Weight loss and gallbladder hypomotility due to parenteral nutrition predisposed cholesterol stones. We think of choledocholithiasis as a possible complication of PRSP meningitis or vertebral osteomyelitis.

We have described two patients of PRSP meningitis with vertebral osteomyelitis and choledocholithiasis. Vertebral osteomyelitis and choledocholithiasis should be noted as possible complications of PRSP meningitis.

Disclosure

There are no financial interests tied to this original research, neither is there any other side support.

Grant Support

None.

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